

# Hannahs News – January 2020

## Welcome

Despite the blustery weather everyone at Dame Hannahs has launched themselves into the New Year with enthusiasm. Our young adults have been out and about taking part in activities, we have welcomed a new teacher and have started making exciting plans for the year.



#### **New Teacher**

We are delighted to welcome new teacher Harriett Pope to Bigbury class. She has come from Mayfield School in Torquay. Harriett has worked at Dame Hannahs before as a support worker while she was studying for her degree in Education and has always wanted to come back.

#### **Panto Time**

Hannah and Linzi from Hannahwood were very lucky to meet Brian Conley at the Theatre Royal in Plymouth this week. Hannah and her Funky Llama friends were helping out with the relaxed performance of the pantomime.





#### **Visiting Friends**

Hannahwood's Befriending Group visited the residents at Ivydene Care Home recently to find out all about their Christmasses and share their news.



#### **Make Your Will Week**

Make your Will this March with no expensive legal fees, just a donation to Dame Hannahs. If you have children, a partner, own a property, have savings, investments or own a business, you need a Will!. For one week only, local participating solicitors will waive their entire simple Will-writing fee in return for a donation to Dame Hannahs to help us support our young people.



#### **Bake Off**

Dominic was one of many
Hannahwood bakers who took part
in the Christmas Bake Off. There
were so many delicious cakes for
everyone to enjoy.

#### **Good Grief Singers**

Thank you to Lester Jones and the Good Grief Singers who came back to sing to us before Christmas.

Everyone really enjoyed their festive concert and we are looking forward to their next concert.







#### **Boccia**

Our young people from Hannahwood have had an active start to the year. They enjoyed their first session of Boccia at the Plymouth Life Centre this week.





#### **Drummers**

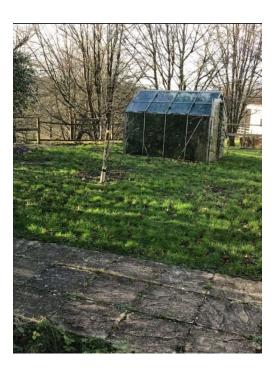
Our Hannahwood adults have started the New Year with enthusiasm. They have enjoyed getting back into their regular activities including their latest drumming session.



#### **PhysioNet Donations**

We were delighted to hand over physio equipment that we no longer use to Harry and Peter Evans from the charity PhysioNet. The charity provides refurbished physiotherapy and mobility equipment, collected throughout the UK, to the disabled in developing countries around the world including Eastern Europe, Africa, Asia and the Pacific.





#### **Mews Sensory Garden**

Plans are underway to create a sensory garden next to Hannahwood Mews which everyone will be able to enjoy. Our fundraising team are leading the project and are currently scoping the space for the final design. Watch this project bloom into action over the coming months.



#### **Luscombe Maye Donation**

Thank you to all the staff at Luscombe Maye for their fundraising efforts during 2019. Dame Hannahs was one of their chosen charities and received a very generous donation of £1000. Sophie and Pamela were delighted to receive the cheque from Stuart, a senior partner at Luscombe Maye, on behalf of the Trust.



### **Ivybridge Supporters**

Our fundraising team got together with our Ivybridge Supporters to say a big thank you for all their dedication and hard work in raising funds for Dame Hannahs and to discuss their exciting plans for this coming year. They look forward to welcoming you to their events.



#### Sahara Trekkers

Beverley and Mark are gearing up for their Sahara Desert Trek in aid of Dame Hannahs next month. They have both been busy fundraising and training for their big trip. Good luck and thank you to both of them!



#### **Run for Dame Hannahs**

Are you looking for a New Year challenge? Are you looking to get fit and raise money for charity? Run for Dame Hannahs! There are many marathons and running events in the South West including Ocean City Half Marathon in Plymouth on May 17th and Ivybridge 10K on May 2nd. If you are interested in running for Dame Hannahs please contact Debbie Lumsdon on 01752 898106

# Forthcoming Events March 21st

Sing into Spring Concert
Saltash Wesley Methodist Church

#### April 17th

Murder Mystery with Hot Pot Supper Moreleigh Village Hall